



Hypnotizing Yourself (Paperback)

By Bryan Westra

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Self-hypnosis may well be the answer to many of your problems. I have used it since childhood (my mother was a hypnotist) to help me do many things. I have used it to memorize math problems in school, that I might ace exams. I have used it to overcome a fear of public speaking. I have it to cure depression. I have used it to make sales (I became the top sales person). I have used it even to hypnotize other people conversationally (something called conversational hypnosis). I have used it to cure the common cold. I have used it to cast hypnotic spells. I now use hypnosis every single day of my life-I m a hypnotic, you can surmise. You will find this book useful if you want to self-improve and live a better life and create better circumstances and outcomes for yourself. Hypnosis is the best tool I have found to make one s life better. Most people believe in limitation. The hypnotic believes in limitlessness. I do. Whe you live in a world, a so called reality...

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