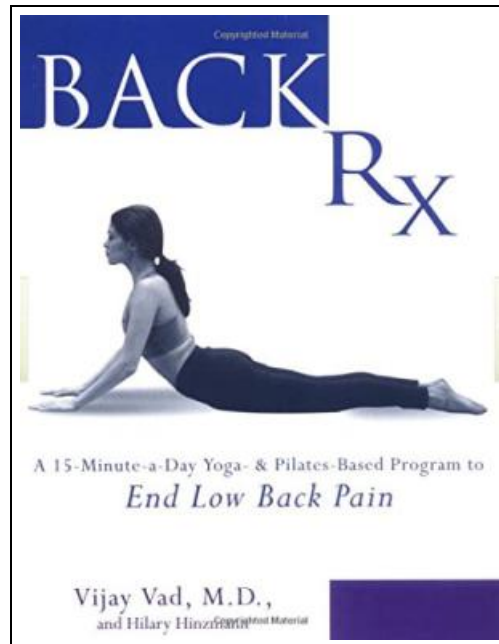


## Back Rx: A Fifteen-Minute-a-Day Yoga-and Pilates-Based Program to End Low Back Pain Forever (Paperback)



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