



Super Boosters - Herb, Plant & Spice Extracts to boost health - Superfoods

By Van Straten , Michael

Whitecap Pub., Vancouver, 2003. Soft Cover. Book Condition: NEW. Updated & Revised Edition. 7-1/2 x 9 ". 2003 Softcover, Updated & Revised Edition . BRAND NEW from Publisher . Never opened, Never owned, Never marked . Gift Giving quality . 144 pages . The definitive guide to natural herb, plant, and spice supplements . Recommends which supplements provide the boost you need, whether it's a mood, vitality, activity, immune system, or digestive boost . Comprehensive healing charts give quick reference to 40 common ailments, explaining which booster to use and how it will work . " Super Boosters : herb, plant & spice extracts to boost health " . by Michael Van Straten, . published by Whitecap Publishing, Vancouver . 2003 Updated & Revised softcover *** Securely packed for safe delivery ~ Books shipped worldwide since 1965 *** 7-1/2 x 9 " .

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