



## What You Must Know About Dialysis: The Secrets to Surviving and Thriving on Dialysis

By Rich Snyder

Square One Publishers, United States, 2013. Paperback. Book Condition: New. New.. 226 x 150 mm. Language: English . Brand New Book. Dialysis can be a life-saving technique for the individual whose kidneys are unable to remove toxic waste and excess water from the blood. But over time, the process can become both physically debilitating and psychologically difficult. To address these issues, kidney specialist Dr. Rich Snyder has written a complete guide to dialysis. This book not only provides answers to common questions about the process, but also offers practical advice and strategies, as well as complementary options that can help you deal successfully with the many aspects of your treatment plan. The book begins with an introduction to dialysis what it is, how it works, and what types are available. It then goes on to discuss the importance of blood tests, common medications and their complications, and associated disorders. Crucial information is included on natural supplements, lifestyle changes, nutrition, and effective coping tactics. For most people, dialysis is an unplanned and uncharted journey. In this book, Dr. Snyder lights the path ahead by combining compassion with rock-solid information that can make a real difference in your health.



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