



## The Big Unraveling (Paperback)

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By Sayed Naimi

Createspace Independent Publishing Platform, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book. Do the stories of your life enhance or distract from the life you want to create? Our enjoyment of life depends on how closely aligned our main stories are with the life we envision for ourselves. The everyday activities in which we engage create these stories - weaving them in our minds, souls, and beliefs - driving our actions and creating the story of our lives. We often don t think of our lives this way, breaking them down into the patterns and elements that create them, but to change our lives for the better it is here that we must begin. According to author, Shaman, Reiki Master, and poet, Sayed Naimi in this profound new guide for personal change, the answer starts with YOU. By unraveling our own individual stories and current situations, we can create a better whole. Providing the tools necessary to achieve this redefinition, Naimi uses the analogy of unraveling a fabric that has been woven with threads that represent the ideas and beliefs you carry with you day after day - Ideas and beliefs that are misaligned with your...

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